

# Smoking cessation training for tackling Indigenous smoking

**Cancer Council SA provide free smoking cessation training across Australia for those who work with Aboriginal and Torres Strait Islander people.**

Trainings provide participants with the knowledge, skills and confidence to support Aboriginal and Torres Strait Islander people to think about their smoking and make some changes.

The following free trainings are available to those working with Aboriginal and Torres Strait Islander people:

## Quitskills

- three-day competency based training
- gain knowledge, skills and confidence in supporting clients' smoking cessation
- basic motivational interviewing skills
- receive three units of competency and an academic transcript from TAFE SA

Graduates of the Quitskills course can now undertake:

## Quitskills refresher course

- one-day attendance based training
- updated smoking cessation information including nicotine replacement therapy
- motivational interviewing skills

## Motivational interviewing training

- two-day competency based training
- enhance basic skills in motivational interviewing and it's applicability in supporting Aboriginal and Torres Strait Islander people to think about their smoking and make some changes
- receive one unit of competency and an academic transcript from TAFE SA
- this competency combined with the three Quitskills competencies gain an academic smoking cessation skill set.

Nurses and other registered health professionals are eligible for Continuing Professional Development points (CPD).

**Register your interest in completing these trainings at [atsitraining@cancersa.org.au](mailto:atsitraining@cancersa.org.au)**